



2024 FACT SHEET

Reggae Marathon

The Half Marathon, 10K & 5K

Dates	December 6 - 8, 2024
Location	<p>Negril, Jamaica</p> <p>The Half Marathon & 10K begin at Long Bay Beach Park, situated midway along Negril's famed 7-mile white sand beach. The course loops into Negril town center and then heads east to Bloody Bay before returning to finish at Long Bay Beach Park. The 5K race also starts at Long Bay Beach Park, heading in the opposite direction towards Negril's aerodrome, with the same finishing point. The mostly flat course is an IAAF certified half marathon & 10K course.</p>
Events	<p>Friday, December 6</p> <ul style="list-style-type: none"> • Registration & Packet Collection - Couples Swept Away Sports Complex (1:00 pm to 5:00 pm) <p>Saturday, December 7</p> <ul style="list-style-type: none"> • Registration - Couples Swept Away Sports Complex (1:00 pm to 4:00 pm) • Packet Collection - Couples Swept Away Sports Complex (1:00 pm to 6:00 pm) • The Jamwest 'World's Best' Pasta Party - Jamwest Beach Park (5:00 pm to 8:00 pm) <p>Sunday, December 8 (RACE DAY)</p> <ul style="list-style-type: none"> • Half Marathon & 10K start (5:15 am) 5K start (5:25 am) - Long Bay Beach Park • Finish Line Beach Bash: Victory Beach Party & Awards Ceremony - Long Bay Beach Park (7:00 am to 10:00 am)
Course Information	<ul style="list-style-type: none"> • Start and Finish: Long Bay Beach Park, Norman Manley Boulevard • Start Time: Half Marathon & 10K - 5:15 am 5K - 5:25 am. The Course remains open for 4 hours. • Aid stations located every mile (13 in all), manned by experienced runners and enthusiastic volunteers. • Cooling stations with misters and iced-towel wraps. • Inspirational Reggae music at every mile. • Closed lanes for runners. • Certified IAAF and AIMS course meeting international standards. • The event is sanctioned by the Jamaica Athletics Administrative Association (JAAA). • Medical stations and fully equipped ambulances positioned along the course and staffed by a premier multi-disciplinary medical team.
Weather	<ul style="list-style-type: none"> • The temperature should be a low of 24°C / 76°F at the start of the race. With low annual rainfall, rain is not expected.
Race Background	<ul style="list-style-type: none"> • In its 24th year, the Reggae Marathon's Half Marathon, 10K & 5K races have earned a reputation for being well-organised and international, with a focus on runner enjoyment. Participants combine an island vacation and a great sporting event for a truly unique experience. • A maximum of 3,000 participants is allowed. • Visit our website - www.reggaemarathon.com - for updated race information and be sure to check regularly leading up to race day.
Scoring & Results	<ul style="list-style-type: none"> • MYLAPS BibTag timing system • Live online tracking of runners along the course at our website and interim results posted during the race. • Gun and Chip Time results

Goodies & Other Stuff	<ul style="list-style-type: none"> • Commemorative finisher medal and finisher certificate • Official Reggae Marathon T-shirt • Over US\$10,000 in total prize money • The Bob Marley and Rita Marley trophies awarded to the male and female winners of the Reggae Half Marathon • Special prize category for High School Boys and Girls in the 10K • Special prize category for Teams in the 5K, 10K and Half Marathon 			
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Entry Fee & Rules	Entry Fees (Per Person)	On/before July 31	On/after August 1	On-site in Negril (Dec. 6 - 7)
	Half Marathon	US \$115	US \$125	US \$140
	10K	US \$85	US \$95	US \$110
	5K	US \$50	US \$60	US \$80
ENTRY FEES ARE NEITHER REFUNDABLE NOR TRANSFERABLE, AND NAME CHANGES ARE NOT ALLOWED.				
The minimum age for entry in the Half Marathon is 14 years old and 10 years old for the 10K and 5K.				
Registration	<p>All participants are required to register online via www.reggaemarathon.com. Or, on-site in Negril on December 6 - 7, 2024. The online registration deadline is December 5, 2024.</p> <p>THERE IS NO RACE MORNING REGISTRATION OR PACKET COLLECTION.</p>			
Testimonials	<ul style="list-style-type: none"> • "Thank you and congratulations on a successful event, I enjoyed every step I took." - Basil Watson, 2023 • "It's always a great experience! From the pasta party to the entertainment at the start and the finish of the race. The Reggae Marathon never disappoints." - Linc S., 2022 • "This is what Reggae Marathon is all about - people. A new encounter and positive energy with runners gathered from the world. The charm of Reggae Marathon, the sun and the beautiful Caribbean." - Mayumi, 2019 • "It was a pleasure for myself and my mate to run in the Reggae Marathon. It was fabulous as always. It was our fifth run and we are ready for next year. Again, thank you for putting on such a spectacular event!" - Cordell, 2016 • "This was more than just a road race - more like a scene from a 5-star feature film." - Darryll, 2012 • "Thank you and the race organizers and volunteers for putting on one of the best races on the planet! You got both the thousand little details and the race experience big picture just right!" - Chuck, 2009 • "I have run over 15 marathons in several different states in the USA. This is truly the best because the amenities, friendly atmosphere and definitely the most awesome pasta party. It is truly the best kept marathon secret." - Dianne Worrell, 2006 • Readers of UK Men's Running magazine voted Reggae Marathon - International Race of the Year and a 'Highly Commended' event in the Women's Running International Race of the Year category. • 2016 Reggae Half Marathon was named among the Best Half Marathons of 2016 as published by the 100 Half Marathons Club of the USA. • Reggae Marathon event again mentioned as one of the "Top 10 places to run a marathon" - Glancing Askance by Bedford New York writer Mark Wollin, January 2011 			
Organisers & Partners	<ul style="list-style-type: none"> • The Jamdammers Running Club of Kingston - www.jamdammers.com • The Jamaica Tourist Board • Puma Running • Couples Resorts Jamaica • The Negril Chapter of the Jamaica Hotel Tourist Association (JHTA) • The Jamaica Athletics Administrative Association (JAAA) • The Negril Chamber of Commerce • The volunteer communities of Negril and Green Island • The Ministry of Health & Wellness 			
Contact Info	<p>Race Director: Alfred 'Frano' Francis 87-89 Tower Street, Kingston, Jamaica Tel.: (876) 967-4903 Email: racedirector@reggaemarathon.com</p>		<p>Marketing: Diane C. Ellis Director of Sponsorship Reggae Marathon Email: media@reggaemarathon.com</p>	

