

Saturday, April 29<sup>th</sup>

# Spark a Life 5k

For runners and walkers!  
Family friendly event including face painting, balloon  
animals, and a wonder walk for the kids!



Register here:



**Jumpstart**  
Children first.™

**Adults 13-older: \$30**  
(T-shirt included if  
registered by April 9<sup>th</sup>)

**Kids 6-12: \$10**

**Kids 5-under: FREE!**

<http://getmeregistered.com/JumpstartSparkaLife5K>

**Flat Branch Park**  
**Race starts at**  
**10:00 AM**

Registration also available at the  
event—cash or check only!



**cafe berlin**

220 N 10<sup>TH</sup> ST COLUMBIA, MO

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