

2023 Quad Cities Senior Olympics Track & Field Entry Form

Name _____ DOB ____/____/____

Address _____ City _____ ST _____ Zip _____

Email _____ Phone _____ Cell _____

Entry Fee \$35.00 T-Shirt (Size ____ (Order by 5-27-22) Attending Closing Ceremony Picnic ____

Day of event entry fee is \$40.00 (3 Medals max, Extra Medals at \$5.00 EACH)

Make Checks out to Quad Cities Senior Olympics mail to:

Quad Cities Senior Olympics PO Box 1687, Davenport, IA 52809

Waiver Statement: (must be signed by all participants)

WARNING: READ CAREFULLY. THIS AGREEMENT INCLUDES A RELEASE OF LIABILITY AND WAIVER OF LEGAL RIGHTS AND DEPRIVES YOU OF THE RIGHT TO SUE THIS EVENT AND OTHER PARTIES. DO NOT SIGN THIS AGREEMENT UNLESS YOU HAVE READ IT IN ITS ENTIRETY. SEEK THE ADVICE OF LEGAL COUNSEL IF YOU ARE UNSURE OF ITS EFFECT.

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good physical condition. I have been advised that I should seek advice from my physician before undertaking this physical exercise. I have either visited with my physician and received doctor's advice and consent to my exercise program or have waived such advice and consent of my doctor, and except any and all risks.

I KNOW THAT THIS EVENT IS A POTENTIALLY HAZARDOUS ACTIVITY AND I HEREBY ASSUME FULL AND COMPLETE RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY PARTICIPATION IN THIS EVENT OR WHILE ON ANY OF THE PREMISES OF THIS EVENT, AND I HEREBY RELEASE AND HOLD HARMLESS AND COVENANT NOT TO FILE SUIT AGAINST THIS EVENT AND ANY AFFILIATED INDIVIDUALS OR ENTITIES ASSOCIATED WITH THIS EVENT (THE RELEASEES) FROM ANY LOSS, LIABILITY OR CLAIMS I MAY HAVE ARISING OUT OF MY PARTICIPATION IN THIS EVENT, INCLUDING PERSONAL INJURY OR DAMAGE SUFFERED BY ME OR OTHERS, WHETHER SAME BE CAUSED BY FALLS, CONTACT WITH PARTICIPANTS, CONDITIONS OF THE COURSE, NEGLIGENCE OF THE RELEASEES, COVID 19 or RELATED DISEASES, OR OTHERWISE.

Signature _____ Date _____

Tuesday, June 6, 2023 in Preemption, IL

2 Mile Time Trial

Saturday, June 10, 2023 at Augustana

3,000 Meters

1500 Meters

50 Meters

400 Meters

100 Meters

800 Meters

200 Meters

Standing Long Jump

Long Jump

Circle events you are entering

Softball Throw

Football Throw

Triple Jump

High Jump

Pole Vault

Javelin

Shot

Discus

Weight Throw

Visit us on line: Quad Cities Senior Olympics for more information about the 32nd annual 2023 games