Iowa Athletic Trainers' Society Annual Meeting and Clinical Symposium 2022

This event will be held in-person at the West Des Moines Marriott at 1250 Jordan Creek Pkwy, West Des Moines, IA 50266.

Thursday, May 26th

8:15 – 9:15 AM	Iowa Athletic Administrators' Reporting of Emergency Preparedness By Richelle Williams, PhD, ATC 1.0 Category A CEUs
9:15 –10:15 AM	Treating the Challenging Foot and Ankle By Tami Gawtry, DPT 1.0 Category A CEUs
10:30 AM – 12:30 PM	Vestibular and Vision Integration in Concussion Management for Athletic Trainers By Lisa Brekke, PT, DPT 2.0 Category A CEU
12:30 – 1:15 PM	State Meeting/Lunch/Vendors
1:30 – 2:30 PM	Save your Soles: Short Foot Exercises for Lower Extremity Injury Prevention and Rehabilitation By Naoko Giblin, Ph.D, ATC, LAT and Kari Emineth, Ph. D, ATC, LAT, CSCS 1.0 Category A CEU
2:30 – 3:30 PM	The Differences Between Languishing and Flourishing in Athletic Training By Lindsey E. Eberman, PhD, LAT, ATC 1.0 Category A CEU
3:30 – 4:30 PM	Running Biomechanics and Injuries By Naoko Giblin, Ph.D, ATC, LAT 1.0 Category A CEU
4:30 – 5:30 PM	Happy Hour/Student Poster Presentations
5:30 – 7:00 PM	Honors and Awards
7:30 – 9:30 PM	Social at Smash Park
Friday May 27th	
8:00 – 9:00 AM	Relative Energy Deficiency in Sport (RED-S): Define, Detect, and Determine Your Plan By Ellen Davis, RDN, CSSD, LD 1.0 Category A CEU

- 9:00 AM 10:00 AM Quality Improvement: What it is... and What is it not By Lindsey E. Eberman, PhD, LAT, ATC 1.0 Category A CEU
- 10:15 AM 11:15 PM Strategies for Showing you Value By Lindsey E. Eberman, PhD, LAT, ATC 1.0 Category A CEU

11:15 AM – 12:15 PM	Rethinking the Standard of Care: Going Back to the Basics of Spine- Boarding By Beth Neil, PhD, LAT, ATC 1.0 Category A CEU
12:15 PM – 12:45 PM	Lunch/Vendors
12:45 – 2:45 PM	American Red Cross CPR for the Professional Rescuer Certification *Requires separate registration

11.0 Category A CEUs offered

Cancellation Policy

The Iowa Athletic Trainer's Society will offer a full refund of the general conference registration fees for requests received up to 2 weeks prior to the event, less a processing fee taken by GetMeRegistered. In the 2 weeks leading up to the event, refunds will be granted less a \$15 administrative fee. No cancellations will be processed on or after the first day of the scheduled event. No refunds or cancellations will be processed for recorded events. All refund requests must be sent in writing (email) to and received by the IATS Annual Meeting Chair, Christine Black; iatsannualmeeting@gmail.com and will be processed no later than four weeks after the last day of the Annual Meeting. Refunds will be issued to the original payer in the same amount as the payment received.



Iowa Athletic Trainer's Society Sponsors

- University of Iowa Sports Medicine
- Iowa Ortho
- Athletico

Required Materials and Equipment

• In-person attendance - there are no required materials or equipment