

# Run Safe Commitment

Maverick Run promises to follow social distancing best practices to ensure everyone involved is as safe as possible. We will work closely with our local health department to follow all directed health measures at the time of the event.

## Read More

### Social Distancing

- Event signage will promote safe social distancing practices including maintaining 6 feet of distance between others.
- Dedicated lanes and waiting spots will be provided to aid in social distancing in areas where athletes congregate such as packet pickup, start line, and restrooms.
- Personal responsibilities will be communicated to athletes, staff, volunteers, vendors, and sponsors prior to the event.

### Cleaning and Sanitation

- We will reduce touch points to minimize physical interactions and deploy frequent cleaning and sanitation.
- Hand sanitizer will be available throughout the event including packet pickup, higher traffic areas, and in and around restrooms.
- We will use increased safety and hygiene practices for staff and volunteers including use of masks and regular hand sanitization.

### Personal Protective Equipment

- All staff and volunteers will wear face covering at all times. In addition to social distancing measures, athletes are requested to wear a face covering at the event while not on the course.
- Face masks will be available on site for athletes that do not have one and would like one.
- **Transparent plastic barriers will create separation at essential interaction points such as packet pickup.**

### Event Adjustments

- Start line corrals will be implemented to keep athletes socially distant throughout the event.
- Athletes may be asked to remain in their vehicles prior to starting other than for essential activities such as packet pickup, using the restroom, brief warm-up or lining-up to start. Event announcements will be used to communicate start line procedures.
- Spectators may not be allowed or highly discouraged, unless accompanying a participating minor.
- After-Party activities may not be held after the race to avoid gathering.
- Athletes may be encouraged to depart the event as soon as feasible after finishing.
- There will be no on-site registration. Registration and payment must be made online prior to event day.

- Flexible registration policies will allow for athlete's to elect to participate virtually if they are unable to participate in person.

### **Screening and At-Risk Persons**

- Athletes, staff, volunteers, vendors, and sponsors will be asked to self-screen and stay home for any of the following reasons:
  - Have tested positive with COVID-19 in the last 21 days.
  - Have experienced or been in contact with someone experiencing any COVID-19 symptoms in the 14 days prior to the event.
  - Have a body temperature reading of 100 degrees Fahrenheit or higher.
  - All athletes and especially at-risk persons are encouraged to consult a physician prior to participating.

## **Athlete Responsibilities**

### **Read More**

1. **Feel Sick? Stay Home**  
Athletes, staff, volunteers, vendors, and sponsors will be asked to self-screen and stay home for any of the following reasons:

- Have tested positive with COVID-19 in the last 21 days.
- Have experienced or been in contact with someone experiencing any COVID-19 symptoms in the 14 days prior to the event.
- Have a body temperature reading of 100 degrees Fahrenheit or higher.

All athletes and especially at-risk persons are encouraged to consult a physician prior to participating.

Athletes that feel sick and stay home should contact us and we can transfer you to the virtual event.

2. **Mask Up in Mask Zones**  
Face coverings are required to be worn by athletes at the event whenever they are not running the race course. Face coverings are not required while running the race course. However, athletes should carry their masks while running so they have it at the finish line.

When are face coverings required?

- Indoor environments such as packet pickups
- Start line chute and finish line recovery area
- Parking lots or other event grounds
- Waiting in lines or crowded areas

When are face coverings not required?

- Running the race course; However, athletes should carry their masks while running so they have it at the finish line.

- Personal vehicles  
We have masks if you need one.  
Staff and volunteers will wear masks at all times.

3. Maintain 6 Feet Distance  
Practice Social Distancing:

- Reduce frequency, proximity and duration of contact with others.
- Maintain a distance of 6 feet whenever possible.
- Spectators are not allowed unless accompanying a participating minor.
- Remain in your vehicle whenever possible before and after race.
- Avoid congregating before or after race.

4. Carry Water, Carry Nutrition, Be Self-Reliant  
Take the following steps to be self-sufficient for your race:

- Carry your own water bottle or hydration vest on course. We will not have water bottles on course, however it is best to be self-sufficient.
- Carry your own nutrition.
- Carry your own personal-sized hand sanitizer.
- Read race websites, written guides, emails, social media posts, policies and rules. Follow event signage and race official instructions on race day.
- Know the race course. Be aware of potential traffic.
- Know your start wave time and corral if assigned.
- Use the restroom prior to arrival to reduce lines at event facilities.
- Bring your own face mask. Wear it in mask zones. Carry it while running. We have one if needed.

5. Wash Hands  
Practice good personal hygiene:

- Frequently clean hands with soap and water for at least 20 seconds.
- Use hand sanitizer when needed. Bring your own personal sized bottle and carry it with you.

6. Avoid Touching  
Whenever possible, avoid physical contact with:

- Other people
- Touching your face
- Surfaces

- Items that are not your own